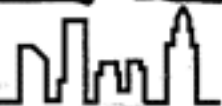


WALKING MANHATTAN'S RIM, THE GREAT SAUNTER by Cy A Adler describes the 32-mile waterfront and hidden treasures along the rim of the world's most fascinating island. Photos, maps and descriptions. Over 20 parks and promenades including

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The City Life

The Saunterer Tries the Bronx

Walking the clamorous traffic bridge from Manhattan to the Bronx, the pilgrim was fortunate not to attract Homeland Security with his incessant muttering. "The last of the Queen Anne's lace is around here somewhere," Cy Adler announced, strutting forth as if his search were for Rosebud. The determined walker took a turn away from the cacophonous strangle of rush hour and soon was rather magically on a quiet back path overlooking the Harlem River. Giant sunflowers loomed, hanging their heads as if in awe of the concrete city on the horizon. But no Queen Anne's wildflowers in sight. Cy Adler walked on. He exchanged suspicious glances with a feral albino cat in the deep weeds of the Bronx. He walked the wilds far below serpentine traffic overpasses while the river glistened by a hobo camp.

"Walking around the edge of a big city along an unknown path can change you, expand your horizons, knock you around for a while," Mr. Adler has written, and that's explanation enough for his strutting. Every May, this master walker organizes a popular 32-mile trek around the edge of Manhattan called The Great Saunter. That's hardly enough. He writes books ("Walking Manhattan's Rim") and runs a busy nonprofit group called Shorewalkers — people who walk avidly, up the Hudson, through the boroughs. But mainly Mr. Adler indulges his city dweller's antsy-ness, walking when and where he

pleases. Lately he is trekking through the summer prime, when smart residents stay in town to more freely savor the heart of the city. He is tacking back and forth across a half-dozen Harlem River bridges in blazing a trail among a dozen mostly overlooked parks. He is connecting the dots of urban oases. Soon he will have a map ready and will be prodding pedestrians and politicians to recognize his latest reimagining of the cityscape, and to tread it.

The artist Robert Rauschenberg eyed the city as "a maze of unorganized experiences peopled by the unexpected." Cy Adler fills that bill as he walks his talk. "Should you get lost," he advises, "consider yourself lucky." Somewhere between Roberto Clemente State Park and a junkyard with a suddenly snarling dog, Cy Adler broke stride. He darted closer to the river fringe. "That's it, Queen Anne's lace," he announced, pouncing upon a patch. He presented a bouquet to Anne Marie Santoro, a fellow walker. He crammed a bunch into his backpack. The flowers fluttered behind him as he rose up from the wilds and walked another bridge back into Manhattan, blending into the noisy commerce of 181st Street. "The gaudy ensigns of this life flash in the streets," exulted the city poet Harvey Shapiro, and Cy Adler's wildflowers filled that bill as he walked with the crowd.

FRANCIS X. CLINES

The New York Times

and historical aspects of the area...indispensable to anyone who appreciates the pleasures of walking in this great city."—Dr. Anthony Simpson, CUNY/John Jay, Head Librarian.

•"...my body begs to go on a saunter....As a NYC educator, I, especially, would recommend this book to teachers who work in the schools and neighborhoods addressed in this guide to use as enrichment lessons in the history and ecology of our great city."

—Charlotte Adomaitis, UFT Teacher Center.

Cy A Adler, founder of the environmental/walking group, *Shorewalkers*, has explored over 6000 miles of local waterfronts in the past 20 years. He organized *Shorewalkers'* now-famous walk, the *Great Saunter*, which takes place the first Saturday in May. Thousands have joined Adler in this spectacular one-day excursion around New York Island. His articles have appeared in *The New York Times*, *Daily News*, *Newsday*, *Barrons*, *Sierra Atlantic*.... His recent book *WALKING THE HUDSON, BATT TO BEAR* has been widely praised, e.g.: "A wonderful book, to not only use on the trail, but also read at home."
—Henry Stern, former commissioner, NYC Parks, etc.

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